

Gerrid Setzer

# Seven “I am” statements

John 6:36 . . . 15:1

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In the Gospel of John, we find seven “I am” statements by Christ:

1. “I am the bread of life” (Jn 6:36; cf. Jn 6:41, 48, 51).
2. “I am the light of the world” (Jn 8:12).
3. “I am the door” (Jn 10:7, 9).
4. “I am the good shepherd” (Jn 10:11, 14).
5. “I am the resurrection and the life” (Jn 11:25).
6. “I am the way and the truth and the life” (Jn 14:6).
7. “I am the true vine” (Jn 15:1).

Moreover, the expression “I am” is also found seven times in this Gospel with regard to Christ: John 6:20; John 8:24, 58; John 13:19; John 18:5, 6, 8.

The “I am” recalls Exodus 3:13-14. Moses said to God, “Behold, when I come to the children of Israel and say to them, The God of your fathers has sent me to you, and they will say to me, What is his name? What shall I say to them? Then God said to Moses, 'I am who I am.' And he said, Thus you shall say to the children of Israel: 'I am' has sent me to you”.

All this is clear proof that the Lord Jesus is the everlasting Son of God.

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